

AT-HOME ACTIVITY IDEAS

Week of April 26th

GROSS MOTOR

Hallway Laser Maze

Supplies: painters tape, roll of crepe paper (paper streamer)

In a hallway, use a roll of crepe paper to create a laser maze for your child to navigate through. Then have your child move through the maze without breaking the crepe paper.

Itsalwaysautumn has a great tutorial!

Jello Fossil Dig

Supplies: 2 boxes of jello, plastic dinosaurs, and shallow pan/dish

Make jello according to package instructions, place dinosaurs in mixture while wet, place in refrigerator overnight.

Next day, give your child a spoon and let them dig out the dinosaurs. Let them squish the jello in their hands to get maximum sensory input.

FINE MOTOR

Toy Taping: Tape (with masking tape) toys to the floor and have them pinch and pull the tape off to collect the toys.

Paper Plate Earth Heart Craft: Practice cutting, hole punching painting, and lacing in this activity from nontoygifts.com

SENSORY

